

### INSTRUCTIONS FOR CATHETER URINE COLLECTION FOR COMPLETE URINE EXAMINATION

#### Dear user,

for the correct performance of the required examination and for your own safety, we recommend that you strictly adhere to the following instructions.

### WARNINGS

Start collection on the day you decide to deliver your urine to the collection centre.

# CONTAINER

Obtain a sterile container for urine collection from the pharmacy.

# INSTRUCTIONS FOR SAMPLE COLLECTION AT HOME

- 1. Wash your hands before starting the collection steps;
- 2. Clamp the catheter with forceps, below the connection with the bag, for no longer than 30 minutes;
- **3.** Disinfect a section of the catheter, just above the junction with the connecting tube, or, if the catheter is equipped with one, disinfect the sample collection device;
- **4.** Aspirate the urine with a sterile syringe and transfer about 10 ml into the urine container or a sterile test tube;
- 5. Immediately close the container carefully;
- **6.** We recommend storing the container in a refrigerator until it is delivered to the collection centre.

Please note: Urine collected from the bag or by disconnecting the catheter is not a suitable material for examination.