

FORMATO EUROPEO
PER IL CURRICULUM VITAE



INFORMAZIONI
PERSONALI

Nome

Dr. Degrassi Alessia, MD

Nazionalità

Italiana

Data di nascita

Italian Medical License

1418 - Ordine Professionale di Gorizia, from 20/03/2017

Inscription at Belgian Ordre des
Médecins

108752- Ordre des Médecins Bruxelles et du Brabant Wallon, from 06/09/2022.

ESPERIENZA LAVORATIVA

• Date

01/01/2024 – presente

• Nome e indirizzo del datore di
lavoro

*ASST Santi Paolo e Carlo - Ospedale San Carlo Borromeo, Via Pio II, 3 - 20153
Milano*

• Tipo di azienda o settore

Dipartimento di Emergenza – Pronto Soccorso - Emergency Department

• Tipo di impiego

Dirigente Medico disciplina Medicina d’Emergenza Urgenza, a tempo indeterminato e tempo pieno

• Principali mansioni e
responsabilità

Medical consultant in the emergency department. Responsible for providing expert medical advice, overseeing patient care, and collaborating with the emergency department team to ensure efficient and high-quality healthcare delivery in critical and time-sensitive situations.

01/05/2023 – 05/09/2023

IRCCS Ospedale San Raffaele - Via Olgettina 60, 20132 Milano

Emergency Department

Medical Consultant

Medical consultant in the emergency department. Responsible for providing expert medical advice, overseeing patient care, and collaborating with the emergency department team to ensure efficient and high-quality healthcare delivery in critical and time-sensitive situations.

15/01/2023 – 01/05/2023; 06/09/2023 – 31/12/2023

Medical contractor

Emergency medicine doctor working in the Emergency Departments of several hospital in the north of Italy

23/01/2023 - 27/01/2023

Urgences, CHU Saint-Pierre, Bruxelles (Belgium)

Emergency Department

Visiting doctor at the Emergency Department of the Hospital of Saint-Pierre.

Participation in clinical activity in the ambulance and in both medical and surgical emergency rooms.

29/12/2020 – 27/08/2022

ASUGI – Ospedale di Cattinara, strada di fiume, 447, 34149, Trieste, TS (Italy) -

SC Pronto Soccorso e Medicina d'Urgenza

Dirigente Medico Specializzando

Admission and management of patients entering the emergency department with all types of severity and triage priorities, including complex and severe patients, procedural sedation, interventional emergency procedures and point-of-care ultrasound.

2019 - 2021:

Medical Doctor in high-risk sport events (rally, motorcycle national competitions, rugby) in Italy

03/2017 - 09/2019:

General Practitioner clinics in Trieste and Gorizia (Italy)

01/09/2017 - 15/12/2017:

UWC Adriatic, Loc. Duino 29 I-34011, TS, Italy

Collegio del Mondo Unito dell'Adriatico O.N.I.U.S.

Medical Doctor, Director of the UWCAD Medical Center

ISTRUZIONE E FORMAZIONE

- Date
- Nome e tipo di istituto di istruzione o formazione
- Principali materie / abilità professionali oggetto dello studio
- Qualifica conseguita
- Livello nella classificazione nazionale (se pertinente)

29/12/2017-11/01/2023

Università degli Studi di Trieste, Scuola di Specializzazione in Medicina d'Emergenza e Urgenza, Trieste (Italy)

Emergency training included intensive care unit, ward round, emergency department tournaments in hub and spoke centres, ambulance and territorial emergency (118). Internships were also spent in operating theatres, echocardiography laboratory, paediatrics, neurology, radiology, thoracic surgery, pneumology and COVID19 wards.

PG Thesis: "Delayed cerebral ischemia and neurological outcome prognostication in patients with spontaneous subarachnoid hemorrhage" (Prof. G. Biolo, Prof. F.S. Taccone, Dr. E.G. Bogossian, Prof. N. Fiotti).

Medico Specialista in Medicina d'Emergenza-Urgenza - Specialist Doctor in Emergency Medicine

Summa cum laude (50/50 L)

01/09/2022 – 18/12/2022:

Erasme University Hospital, HUB, Bruxelles (Belgium)

I participated enthusiastically in clinical activities, with particular interest in patients with cardiovascular diseases, ECMO and neuro intensive care. I conducted research on performance of different scoring systems for outcome prognostication in patients with spontaneous subarachnoid hemorrhage, with the support and supervision of Prof. F.S. Taccone.

Clinical and Research Fellow in Intensive Care Unit.

09/2016-11/2016

Cattinara Hospital, ASUGI, Trieste (Italy)

Attending Physician in Internal Medicine Ward

01/09/2010-27/07/2016

Università degli Studi di Trieste, Trieste (Italy)

MD thesis: "Early identification of diagnostic and prognostic biomarkers in patients with CAP and HCAP".

Laurea Magistrale in Medicina e Chirurgia - Doctor in Medicine and Surgery

Summa cum laude (110/110 L)

03/2016 - 04/2016

KU Leuven, Leuven (Belgium)

Clinical and research fellowship, focused on metabolic modifications in critical care patients.

Elective undergraduate internship in ICU

01/2015-02/2016

Cattinara Hospital, ASUGI, Trieste (Italy) - Pronto Soccorso e Medicina D'Urgenza

Elective Undergraduate Internship in Emergency Department and Critical Care Ward

01/2014-01/2015

Cattinara Hospital, ASUGI, Trieste (Italy) - Pneumology

Undergraduate Internship in Pneumology

CAPACITÀ E COMPETENZE PERSONALI

MADRELINGUA

Italiano

ALTRE LINGUE

- *Capacità di lettura*
- *Capacità di scrittura*

INGLESE - ENGLISH

FLUENT

FLUENT

- *Capacità di lettura*
- *Capacità di scrittura*

FRANCESE - FRENCH

GOOD KNOWLEDGE

GOOD KNOWLEDGE

- *Capacità di lettura*
- *Capacità di scrittura*

OLANDESE - DUTCH

BEGINNER

BEGINNER

PUBBLICAZIONI

Degrassi A, Mearrelli F, et al. Abstract: Addressing empirical antimicrobial therapy in bacterial pneumonia: a new heterogeneous scoring system (Critical Care 2017, 21 (suppl 1):P435)- 21/03/2017

Nuzzi, V., Del Mestre, E., **Degrassi, A.** et al. Cardiovascular Damage in COVID-19: What We Know Two Years Later. *Curr Cardiol Rep* (2022).
<https://doi.org/10.1007/s11886-022-01730-4>

Degrassi A, Coppalini G, et al. Abstract: Biomarkers for organ dysfunction and outcome prediction in septic patients admitted in emergency department with community-acquired pneumonia. *Critical Care* (2023) 27:119 – 21/03/2023
<https://doi.org/10.1186/s13054-023-04377-x>

PRESENTAZIONE DI ABSTRACT

21/03/2017-24/03/2017: **abstract and poster presentation** at “37th International Symposium on Intensive Care and Emergency Medicine” (ISICEM – Erasme University Hospital Bruxelles, ULB) - “*Addressing empirical antimicrobial therapy in bacterial pneumonia: a new heterogeneous scoring system.*” **A. Degrassi**, F. Mearrelli, N. Fiotti, G. Biolo.

14/05/2022: abstract presentation at “Congresso Nazionale SIMEU” - “*MAV del midollo spinale: una patologia rara con sintomi comuni.*” G. Valeri, **A. Degrassi**, V. Pistan, F.

	Cominotto.
	21/03/2023: abstract presentation at “42nd International Symposium on Intensive Care and Emergency Medicine” (ISICEM – Erasme University Hospital Bruxelles, ULB) – “ <i>Biomarkers for organ dysfunction and outcome prediction in septic patients admitted in emergency department with community-acquired pneumonia</i> ” A. Degrassi, G. Coppalini, N. Fiotti, G. Biolo.
	24/10/2023: abstract presentation at “ESICM Lives 2023 Milan” (ESICM) – “ <i>Severity and outcome stratification in patients with spontaneous subarachnoid hemorrhage: a comparison study</i> ” A. Degrassi, G. Coppalini, F. Oliveira, N. Ndieugnou Djangang, D. Diaferia, M. Menozzi, F.S. Taccone, E. Bogossian.
	06/11/2023: abstract presentation at “EuroNeuro 2023 - Update on neuroanesthesia and neurointensive care”, Brussels (Belgium), ISICEM asbl, – “ <i>New strategies to improve grading scores performance for severity and outcome stratification in patients with spontaneous subarachnoid hemorrhage.</i> ” A. Degrassi, G. Coppalini, F. Oliveira, N. Ndieugnou Djangang, D. Diaferia, M. Menozzi, F.S. Taccone, E. Bogossian.
ATTIVITA' DI RICERCA	2021: member of scientific board for internal protocol and research on ultrasound-guided nerve blocks in the emergency department. <i>Cattinara Hospital, ASUGI, Trieste (Italy)</i>
	2022: research fellow in Intensive Care Unit, Erasme University Hospital, ULB, Brussels (Belgium); research on grading systems for outcome prediction in patients with non-traumatic subarachnoid hemorrhage. <i>Erasme University Hospital, Brussels (Belgium)</i>
ESPERIENZE DI INSEGNAMENTO	2017- 2023: teaching activities to Medical School Students of University of Trieste <i>Principal arguments: principles of ACLS, intoxications, coma, myocardial infarction, stroke, simulation centre activities</i> 2019 - 2023: Tutor to Medical School Students and Emergency Medicine Fellows of University of Trieste 04/12/2017 - 06/12/2017: Teaching to UWCAD students - “Sexually transmitted diseases” UWCAD Duino (Trieste, Italy), 3 hours event. 24/11/2021: Teaching activity “Gestione delle emergenze”, MotoASI (Adria International Raceway, RO, Italy) 6 hours event. 03/03/2022: Teaching activity “Gestione delle emergenze”, MotoASI (Pavia, MI), 6 hours event.
ALTRE COMPETENZE	Precision. Problem-solving. Team leading and team collaboration. Multitasking attitude.
AFFILIAZIONI PROFESSIONALI	- SIMEU (2017, 2018, 2022) - COSMEU (2018) - ACEMC (2018) - SIECVI (2021, 2022) - ESICM (2023)

CORSI E CONGRESSI

04/04/2014: Congress “Osteoporosi e malattie metaboliche dell’osso: impiego della vitamina D e difosfonati”. Diapo Eventi e Congressi, Savoia Excelsior Palace – Trieste (Italy), 4 hours.

16/04/2018-18/04/2018: Congresso PneumoTrieste 2018, 25 hours.

19/04/2018-21/04/2018: Corso di formazione “Dalla CPAP alla NIV” (SIMEU), 12 hours

07/11/2018: partecipante al corso di formazione “Un nuovo approccio al paziente con dolore addominale acuto in Pronto Soccorso” (ACEMC), 3 hours

08/11/2018-09/11/2018: partecipante al congresso nazionale ACEMC 2018 “La tecnologia al servizio della Medicina d’Urgenza: dal presente al futuro” (ACEMC), 20 hours

11/02/2019-12/02/2019: Corso di formazione “Trieste Rescue” (Organizzato dalla Scuola di Specializzazione in Medicina d’Emergenza e Urgenza di Trieste), 20 hours

22/03/2019: partecipante al congresso “Bambini tossici: intossicazioni in età pediatrica” (Scuola di Specializzazione in Pediatria di Trieste), 10 hours

08/05/2019-10/05/2019: partecipante al congresso 30th SMART (Smart Meeting Anesthesia Resuscitation in Tensive care Milano Congressi), 27 hours

20/09/2019: partecipante al convegno “Cardiac imaging: tra embolia polmonare e cardiopatia ischemica” (SIECVI FVG), 9 hours, 7 ECM

23/01/2020-30/09/2020: “Corso di formazione teorico-pratica in ecografia” (SIUMB – Tolmezzo), 145 hours, 19 ECM.

25/09/2020-26/09/2020: Corso “Prehospital obstetric emergency course” (AIFE), 13 hours.

11/11/2020-12/11/2020: Corso “Gestione preospedaliera del paziente pediatrico” (118 Trieste), 16 hours.

20/05/2021: “ACLS (Advanced Cardiovascular Life Support) Provider”, ASUGI Trieste (TS), 17 hours, 27.2 ECM.

20-21-22/09/2021: Secondo Congresso Nazionale di Emergenza e Urgenza Sanitaria, Riva del Garda (TN).

28/10/2021: Corso “Scompenso Cardiaco: valutazioni ecocardiografiche e nuove terapie” (SIECVI), 3 hours.

01/07/2021-04/12/2021: corso di “Formazione in Ecografia Cardiovascolare Transtoracica” (SIECVI).

16/11/2021: Corso “Urgenze ORL in PS”, ASUGI, Trieste (TS), 3 hours.

25/11/2021: Corso “Analgesia loco-regionale con reperi ed eco-guidata” SIMEU, Mestre (VE), 7 hours.

25-26/11/2021: XI Congresso triveneto SIMEU “L’emergenza-urgenza a garanzia del sistema sanitario pubblico, tra domanda del singolo e interesse della comunità”.

28/04/2022: Gestione Avanzata delle Vie Aeree Difficili, dr. Nicola Guglielmo, Trieste (TS), Italy, 8 hours.

11/05/2022-12/05/2022: ACC-HF & CRM® Pediatrico (Acute Critical Care High Fidelity Simulation & Crisis Resource Management ®): Corso di Simulazione ad Alta Fedeltà con principi di CRM nelle Emergenze ed Urgenze Cardiovascolari con scenari pediatrici. SIMEU, Riccione (RN).

13/05/2022-15/05/2022: XII Congresso Nazionale SIMEU, Riccione (RN).

16/05/2022-17/05/2022: Corso di Tossicologia base ed avanzata, UNITS, Trieste (TS).

23/05/2022: Simulazioni avanzate con scenari di Medicina d’Emergenza e Urgenza e Traumatologia, ASUGI, Trieste (TS), 5 ore.

8-10/6/2022: International Trauma Life Support (ITLS), advanced provider course (course number 48619), 16 hours.

22-26/10/2022: ESICM LIVES 2022 35th annual congress, Paris (France).

15-17/11/2022: Echocardiography for hemodynamic monitoring 2022, international update, Brussels (Belgium).

26/11/2022: BEMS 2022 – Benelux Emergency Medicine Symposium, IFAD – International Fluid Academy Day, 10 hours.

20-21/01/2023: European Paediatric Advanced Life Support (EPALS), IRC – ERC, Rome, 20 hours.

23-24/02/2023: Foundation course (Introductory) in Acute Respiratory Failure Monitoring and Mechanical Ventilation (ESICM) - 13 ECM.

21-24/03/2023: "42nd International Symposium on Intensive Care and Emergency Medicine" (ISICEM – Erasme University Hospital Bruxelles, ULB) – 27 ECM.
05-06/06/2023: Transition course (Application) in Acute Respiratory Failure and Mechanical Ventilation (ESICM) – 11 ECM.
21-23/09/2023: Cor Conference – Emergency cardiology and critical care, IntubatiEM, Roma (RM, Italy), 20 hours, 16.5 ECM.
11/10/2023: "ACLS (Advanced Cardiovascular Life Support) Provider", Italia Emergenza TC, Roma (RM, Italy) – 17 hours, 27.2 ECM.
21-22/10/2023: Advanced Master Course in Acute Respiratory Failure & Mechanical Ventilation, Milan (MI, Italy), 10 ECM.
23-25/10/2023: ESICM Lives 2023 Milan 36th annual congress, Milano (MI, Italy), ESICM – 24 hours, 20 ECM.
05-07/11/2023: EuroNeuro – Update on neuroanesthesia and neurointensive care, Brussels (Belgium), ISICEM asbl, 14 ECM.

Quanto dichiarato è conforme alle disposizioni degli articoli 46 e 47 del DPR 445/2000. Il sottoscritto è a conoscenza che, ai sensi dell'articolo 76 del DPR 445/2000, le dichiarazioni mendaci, la falsità negli atti e l'uso di atti falsi sono puniti ai sensi del codice penale e delle leggi speciali. Autorizzo il trattamento dei dati personali contenuti nel mio curriculum vitae in base all'articolo 13 del DLgs 196/2003 e all'articolo 13 del GDPR 679/16, ai sensi del Decreto Legislativo 101/2018.

01/01/2024