

Dear User,

for the correct performance of the required examination and for your own safety, we recommend that you strictly adhere to the following instructions.

**WARNINGS: Start collection on the day you decide to deliver your urine to the collection centre.**

**CONTAINER:** Use a 10 mL cylindrical-bottomed plastic test tube with a tight-fitting cap (obtainable in the collection room or available from the pharmacy) or a urine test jar (available from the pharmacy).

#### **INSTRUCTIONS FOR SAMPLE COLLECTION AT HOME**

1. Wash your hands before starting the collection steps;
2. Wash genitals well and rinse them thoroughly and sanitise hands again;
3. Open the container by not touching the inside of the container or the lid with your hands;
4. Urinate by eliminating the first jet;
5. Collect the subsequent urine directly into the sterile container, filling the container halfway;
6. Immediately close the container carefully.

We recommend keeping the container refrigerated and delivering it to the collection centre within 1 hour of collection.

Collection is possible at the collection centre.