

INSTRUCTIONS FOR CATHETER URINE COLLECTION FOR COMPLETE URINE EXAMINATION

AST_LAB_510 E_Ed01

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Dear user,

for the correct performance of the required examination and for your own safety, we recommend that you strictly adhere to the following instructions.

WARNINGS

Start collection on the day you decide to deliver your urine to the collection centre.

CONTAINER

Obtain a sterile container for urine collection from the pharmacy.

INSTRUCTIONS FOR SAMPLE COLLECTION AT HOME

- 1. Wash your hands before starting the collection steps;
- 2. Clamp the catheter with forceps, below the connection with the bag, for no longer than 30 minutes;
- **3.** Disinfect a section of the catheter, just above the junction with the connecting tube, or, if the catheter is equipped with one, disinfect the sample collection device;
- **4.** Aspirate the urine with a sterile syringe and transfer about 10 ml into the urine container or a sterile test tube;
- 5. Immediately close the container carefully;
- **6.** We recommend storing the container in a refrigerator until it is delivered to the collection centre.

Please note: Urine collected from the bag or by disconnecting the catheter is not a suitable material for examination.