

INSTRUCTIONS FOR 24-HOUR URINE COLLECTION OF THE FOLLOWING TESTS:

- **5-HYDROXYINDOLACETIC ACID (HIAA)**
- **VANILMANDELIC ACID (VMA)**
- **CITRIC ACID**
- **CATECHOLAMINES (CAT)**
- **DOPAMINE**
- **OXALATES**

Dear User,

A container containing **hydrochloric acid** must be used for collection, to be collected at the collection centre **from 11 a.m. to 12.30 p.m.**

For the correct performance of the required examination and for your own safety, we recommend that you strictly adhere to the following instructions:

- **It is recommended not to urinate directly into the canister**, but to urinate into a container (e.g. plastic cup) and then immediately pour into the canister. **For bladder catheter wearers, pour urine into the canister every 3 to 4 hours;**
- In the 48 hours prior to and on the same day of urine collection ***do not take:*** capsaicin products (hot pepper and/or derivatives), caffeine, alcoholic beverages, bananas, vanilla, chocolate, avocado, pineapple, plums, tomatoes, tea;
- ***Do not smoke;***
- Categories of drugs that may interfere with these tests: Antirheumatics, Antihypertensives, Beta-blockers, Antidepressants, MAO Inhibitors, Morphine, drugs containing capsaicin.
- **Consult the treating doctor for possible discontinuation of therapy 48 hours before collection and during the same.**

CAUTION: Since the container contains concentrated hydrochloric acid (a highly corrosive substance), the following precautions must be taken:

- Keep container out of reach of children;
- Keep the container tightly closed and do not turn it upside down;
- **In the event of accidental skin contact with acid, wash immediately with plenty of water and consult your doctor or the Poison Control Centre (CAV) at Niguarda Hospital (tel. 02 661.010.29).**

INSTRUCTIONS FOR HOME SAMPLE COLLECTION

- As soon as you get up, empty your bladder without collecting urine and mark the time (e.g. 7 a.m.);
- From then on collect all urine, including night urine;
- The next morning, at exactly the same time as the previous day, you emptied the bladder, collect the last urine (e.g. 7.00 a.m.).

NOTE: During the 24-hour collection period, store the container in a cool place or in a refrigerator, protected from light.