

**INSTRUCTIONS FOR COLLECTING 24-HOUR URINE
IN A CONTAINER WITHOUT ADDITIVES OR
PRESERVATIVES****AST_LAB_508 E_Ed01**Approvazione: Direttore SC
Laboratorio di Patologia Clinica

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Dear User,

for the correct performance of the requested examination and for your own safety, we recommend that you adhere scrupulously to the following instructions.

WARNINGS

Start collection the day before the delivery of urine to the collection centre.

CONTAINER

Use the appropriate 2500/3000 mL wide-opening, inert plastic canister with a screw and graduated scale, available in pharmacies.



COLLECTIONS OF URINE IN PLASTIC BOTTLES WILL NOT BE ACCEPTED

INSTRUCTIONS FOR SAMPLE COLLECTION AT HOME

1. As soon as you get up, empty your bladder without collecting urine and mark the time (e.g. 7 a.m.).
2. From then on collect all urine, including night urine.
3. The next morning, at exactly the same time as the previous day, you emptied the bladder, collect the last urine.

NOTE: During the 24-hour collection period, keep the container in a cool place or in the refrigerator