

Dear user,

for the correct performance of the required examination and for your own safety, we recommend that you strictly adhere to the following instructions.

WARNINGS

Start collection on the day you decide to deliver your urine to the collection centre.

CONTAINER

Use a 10 mL plastic cylindrical-bottomed test tube with a sealing cap (obtainable in the collection room or available from the pharmacy) or a urine test jar (available from the pharmacy).

INSTRUCTIONS FOR SAMPLE COLLECTION AT HOME

1. Wash your hands before starting the collection steps;
2. Wash genitals well and rinse them thoroughly and sanitise hands again;
3. Open the container by not touching the inside of the container or the lid with your hands;
4. Urinate by eliminating the first jet;
5. Collect the subsequent urine directly into the sterile container, filling the container halfway;
6. Immediately close the container carefully;

We recommend storing the container in a refrigerator until it is delivered to the collection centre.

INSTRUCTIONS FOR SAMPLE COLLECTION AT THE COLLECTION CENTRE

If you plan to collect urine at the collection centre, take care of your personal hygiene by washing at home. Afterwards, at the time of collection, wash your hands very well before urinating.